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# **Breast Feeding Covers - Best Thing Since Sliced Bread**

Many nursing moms, myself included, share a common problem when it comes to breastfeeding in public – how can you do it discreetly so that your milk-dispensing organs aren't exposed for all the world to see?

Breastfeeding in public can be an embarrassing endeavor although it really shouldn't be, as breast feeding should be the most natural thing in the world. Some moms resort to bottle-feeding but it's just not the same. Even if you pump out your breast milk in advance and feed it in a bottle, the bonding that occurs when you're breastfeeding would still be missing. Alternatively you can look for nursing stations, but everyone knows that there just aren't enough of them around and you can't always find one when you need to. And when your little one is hungry, s/he won't wait. The whole world needs to stop and s/he needs to be fed before you do anything else, period.

Fortunately, someone invented what are called [breast feeding covers](#) (also called nursing covers). A breast feeding cover is a piece of fabric that you can surround your breasts and baby with to keep them hidden from everyone else's view except your own. An adjustable neck strap acts to secure the fabric to your neck, and a rigid but flexible neckline creates an opening where you can see and bond with your baby while s/he's nursing. Your baby can enjoy good airflow that comes with the opening.

And a [breast feeding cover](#) is very simple to use. I just put mine in the diaper bag and whenever one of my little ones need to be fed while we're outside, I simply sit down somewhere, unfold my breast feeding cover, put my head through the neck strap and adjust it, take my little one underneath the cover, wrap the fabric around the shoulder that's on the same side my baby's head is, undo my bra, let my baby latch on, and redo my bra when she's done.

To me, [breast feeding covers](#) are the best thing since sliced bread. They provide the privacy us nursing moms need, while allowing for the bonding that takes place through eye contact between us and the baby. The cover allows plenty of fresh air to flow. Also, aside from shielding the baby from other people's view, the cover has the benefit of keeping the baby from getting distracted. Best of all, [breast feeding covers](#) are designed to be increasingly fashionable and trendy, and allows for moms with good fashion sense to nurse their babies in style.

For a limited time, you can get a [breast feeding cover](#) for FREE from a website called [UdderCovers](#) (LOL!). Enter the promo code **ONEFREE** at checkout to waive the cost. You pay shipping and handling only. **Go over the [uddercovers website](#) to get your free breastfeeding cover right now by [clicking here!](#)**

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